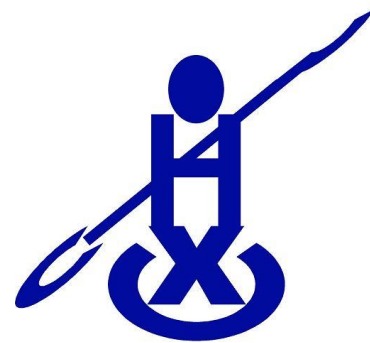


Halifax Canoe Club Newsletter

Autumn 2022



Autumn & Winter Paddling with the Club

Summer is definitely over but that doesn't mean paddling is finished for the year, here is a run down of the opportunities to paddle over the coming months;

River Club Saturdays or Sundays

These are informal paddling sessions at the club for members that have completed our beginners course or more – a chance to maintain and further develop your skills. They are not formal coached sessions, but there will be a coach there to coordinate and provide support and tips for those that want it.



are happy on the club white water and want to move to the next level of paddling, generally grade 2 white water, but usually with more tricky rapids that can be portaged if needed. More experienced club paddlers are also welcome to come for a paddle or support the coach led groups.

Intermediate trips which are suitable for members who have done previous white water river trips. Generally we'll be paddling Grade 2/3 rapids but with more continuous sections. There may be one or two harder rapids but it will be possible to portage these or possibly grade 4 sections.

Club Wednesdays

These will continue through the winter under the floodlights at the club. They are open to all club members happy to paddle on the white water in winter conditions under lights. (note they may be cancelled at short notice due to river levels).

Please head to [WebCollect](#) for full details and to book on these sessions – and keep checking as other dates may be added.

**And see the next page for Pool
Session details**



Santa Splash

Ok its a club Sunday with a twist as on **Sun 18th Dec** will be doing our [Annual Santa Splash Paddle](#) – its not complicated, put on your Santa suit or other festive fancy dress for a another paddle

Club River Trips

These are full days heading off to paddle other rivers to develop and test your skills – where we go will depend on water levels each day.

Beginner/ Intermediate trips are for members that

Club Pool Sessions

Yes, paddling in warm water as our winter pool sessions return at Salendine Nook School Pool on Thursday evenings.

These are great for all levels of ability, from completely new paddler through to those wanting to develop their skills, including developing rescue skills and learning to Eskimo roll.

Bookings are for a 5 week block of sessions, costing £47.50 per person (which covers pool hire).

- Block 1: 10, 17, 24 Nov & 1, 8 Dec
- Block 2: 12, 19, 26 Jan & 2, 9 Feb
- Block 3: 23 Feb & 2, 9, 16, 23 March

Non-members will need to join the club with a winter membership. Full details and booking are on webcollect at <https://webcollect.org.uk/halifaxcanooclub>

Paddling in Winter: What to wear?

Obviously as it gets colder you need to think more about keeping warm when paddling as both the air and the water are a lot colder. A simple principle is dress for the swim not the paddle – then you'll keep nice and warm if the worst happen.

What to wear? Wetsuit & cag? Dry suit? Both are both good options and it does come down to personal preference, budget, what its like on the day, and what you are doing! (and how likely you are to be falling in!)

Add extra thermals and fleeces to allow you to layer up for different weather conditions.

Glove or poggies (they Velcro onto your paddle and keep your hands warm inside them) are also a good idea.

Unsure speak to our coaches for advice. Or there's a helpful article on British Canoeing's Go Paddling website: [What to wear if you're paddling in winter](#).

There is second hand rail in the club – if you want something make a donation to the club. (If you have kit you are willing to add to the rail bring it in).



New Club Chair—Al Benson

Liane Llewellyn Hickling has stepped down from her roles as club Chair as she will be heading off travelling the antipodes (Thanks for all your efforts and have fun on your trip!)

This is a key role at the club so we have co-opted **Al Benson** to the club committee as Chair. Al is well known in the club as an active coach and former committee member (Welcome back Al).

He can be contacted via the chair@halifaxcanoe.org.uk email address.



Committee Vacancies

The club is run by the volunteer committee, and we also have a couple of other vacant committee role and we would love to hear from any members interested and willing to step into the following roles to help run the club:

- **Marketing** – helping promote the club and its activities to existing and potential new members (like posting this on the website)
- **Welfare** – looking after safeguarding of our members and ensuring we keep our procedures up to date
- **Volunteering** – co-ordinating volunteering tasks

For more details about the roles see the [website committee page](#) or speak to one of the existing committee (email secretary@halifaxcanoe.org.uk – or one of the other club emails) . Also speak to us if you are interested in being involved, but not in those roles as we may be able to shuffle round roles!

Usually committee post are elected at each year's AGM – for a 2 year term with half the roles appointed each year. However, when there are vacancies we can co-opt people to roles and then confirm them at the next AGM .

Awards & Social Evening (& Annual General Meeting)

The Save the date - Club's Annual General Meeting will be held on:

Saturday 4th February 2022

at 7.15pm.

Venue tbc.

Full details will be sent out to all members in the New Year, but it would be great if you can keep the date free.

We have a very short formal AGM to elect part of the committee and approve the club's accounts.

Awards and Social

The majority of the evening is more social with a chance to catch up with other, plus we will be handing out the club's annual awards to recognise people development, contributions and indeed through our Rubber Duck award some ineptitude and silliness!

There's a bar and we ask everyone to contribute a bit of food to a buffet too.

Recent Paddling Trips



Llangollen - River Dee



Recent Paddling Trips



River Eden - Cumbria



Personal Performance Awards



British Canoeing's Personal Performance Awards are designed for paddlers wanting to gain recognition of their learning and development, in the craft and environment they choose.

The process of completing the awards is based on learning and, as such, the ethos of 'supporting the paddler' is the main focus of all the awards, encouraging individuals in their development.

We can run these over the autumn and winter if there is anyone interested.

These could include:

Paddle Discover Award – showing you've developed your fundamental skills and decision making in your paddling

Paddle Explore Award – an indication that you are a competent independent paddler (on flat water)

White Water Award – showing you have the skills for a safe, fun day on grade 2 white water (*there are other more advanced awards for higher grade water*).

There are awards to cover all of the paddling disciplines – so if there's something else that interests you we can look at getting someone in to deliver that or link you with a provider that can help you. See the full range of awards at <https://paddlesuptraining.com/category/personal-performance-courses/>

Email Les (coaching@halifaxcanoe.org.uk) with those you are interested in and if there's enough interest we'll look to make some happen.

Paddle Safer Award

This is a new introductory level course from British Canoeing which aims to equip paddlers with the skills and knowledge to stay safe when paddling on sheltered water.

What is covered in the Paddle Safer Award?

- Clothing and equipment

- The paddling environment and hazards
- Planning your journey, with top tips
- Practicing your rescues, you'll learn about how to stay safe and practical solutions if you get into difficulty

More details about the [Paddle Safer Award](#).

It is open to paddlers in any type of craft (kayak, canoe, SUP etc) as it is tailored to you and the craft you usually use.

Also it is FREE.

Again we can run this for members if there are people interested. Register your interest by emailing Les (coaching@halifaxcanoe.org.uk) and if we have a group we'll make it happen.

Bonus offer: If anyone is interested we can sign off paddlers for the Discover Award in the same session - although there is a £6 fee for the Discover Award certificate.





The

Paddlers'

Code

Respect • Protect • Enjoy

Introducing the new Paddlers' Code

The Paddlers' Code is an exciting new guide for canoeists, kayakers and stand-up paddle boarders.

Following the huge growth in paddlesports and with millions of people taking to the water every year, British Canoeing has produced the Paddlers' Code to share guidance on how to enjoy our beautiful waterways responsibly.

The Code has been developed with Natural England and reflects their work with the [Countryside Code](#).

It has also been written in partnership with paddlers and a wide range of stakeholders who it is hoped will adopt the code themselves.

Ben Seal, the head of access and environment at British Canoeing, said: "Following the growth in new people taking to paddling, we felt this was a great opportunity to set out the sorts of things we as paddlers do to protect our environment, respect other users and safely enjoy being on the water.

"It's a super simple set of good practice guidelines that we hope people will share and use every time they go out paddling. It is not about giving people a set of rules to abide by.

"It is more about describing the good things we do

as a community to paddle responsibly, and respect, protect and enjoy our waterways."

Like the Countryside Code, the Paddlers' Code shows how paddlers can best protect wildlife and spot pollution with other pieces of advice.

The code includes advice for paddlers to keep group sizes small and discreet, avoid damaging fences and walls when lifting crafts over them and generally being respectful to those you meet along the water.

To protect nature, paddlers are asked to avoid dragging boats on river banks and to avoid gravel beds, which can be important spawning grounds for fish.

Also, the guide reminds paddlers to check, clean and dry their kit after each trip. This is key to helping stop the spread of invasive, non-native species.

The code also includes safety advice, including wearing a buoyancy aid and having the appropriate leash for the environment if paddling SUP.

The code can be found at its new website: www.paddlerscode.info

Summer Paddling 2022



Judging in Krakow



Club Sunday, Warley Moor



White Water Safety Training, Tryweryn



River Clean Up



At the Club

Summer Paddling 2022



At the Club



Club Wednesday



Holme Pierrepont



At the Club

Autumn 2022



Llyn Paddarn, Llanberis

Racing for GB

Back in August club members Andrew Crowhurst was in the GB team that travelled to the European Junior & Under 23 Wild Water Racing Championships at Banja Luka in Bosnia & Herzegovina.

In his first time on the GB team, Andrew placed a creditable 11th in both the Classic and Sprint event in the U23 Championships.

Well done



Parking outside of the Club

The management company for the mill complex are introducing a permit parking scheme to reduce unauthorised parking in the complex. This is because there have been people parking there for the day to avoid paying elsewhere.

As a club we have two spaces outside the club, and have been given **6 permits** which should be displayed by members if parking in the complex. Permits should be displayed from **Mon 17th October** when signage will be being put up around the area.

Parking enforcement will start from **Mon 31st October** – any vehicles parked and not displaying permit will be ticketed (we assume this applies at any time).

The club's 6 permit and the letter explaining the scheme are on the noticeboard in the club (and pictured below). If you park in the complex put one on your dashboard **and ensure that you return it to the club when you leave.**

Please remember that for organised club sessions we ask members to park away from the mill so that our parking spaces can be used for getting boats in and out of the club.

easyfundraising
feel good shopping

Raise **FREE** funds
for us every time you
shop online

Find out more

Currys PCWorld ebay Booking.com JOHN LEWIS JUST EAT
Uswitch sky M&S GROUPON ASOS

HXCC is asking its members help to raise money for the Club when they shop online

We are signed up to [easyfundraising.org.uk](https://www.easyfundraising.org.uk) as a good cause which will pay the club a donation every time you shop online.

When you make a purchase with one of the 2,500+ participating retailers, as a thank you for shopping, the retailer provides a donation for you to give to your chosen good cause – Halifax Canoe Club. You pay the normal price – the retailer makes the donation.

Here what you need to do:

1. Go to our [fundraising page](#),
2. Sign up as a supporter – follow the simple instructions, it takes a couple of minutes
3. **Go shopping!** To shop and make sure you activate a donation simply: Search for a retailer through our [fundraising page](#), and click on the link.

Or download the **Donation Reminder** when you register.